Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Friday 07 Apr 2023 until 23:59 on Saturday 08 Apr 2023

Forecast Issued on Friday 07 Apr 2023 at 02:54 by Met Office Aberdeen

Confidence: High for Friday and Saturday. High for mostly dry weather on Sunday, high for a return to changeable weather early next week.

Headline for Friday 07 Apr 2023: Dry and sunny with light winds

Mountain weather hazards on Friday 07 Apr 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Low Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny	Sunny	Sunny	Sunny	Clear night	Partly cloudy (night)
Precipitation probability					
00%	00%	00%	00%	00%	00%

Forecast for Friday 07 Apr 2023

Weather: A cold start with some frost and mist, this soon clearing. Then a dry and sunny day with light winds.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Very good visibility with great air clarity, summits expected to be clear of cloud. Patchy cloud above 500m spreading into the east in the evening.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 07 Apr 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	4/5 E	6/8 NE	7/11 SE	11/15 SE	12/16 S	16/21 SE	18/25 SE
900	4/5 E	4/7 E	8/13 SE	9/15 SE	10/16 S	13/19 SE	16/23 SE
600	4/5 NE	5/7 NE	5/9 SW	7/11 SE	10/13 S	14/19 SE	14/20 SE
300	2/3 N	3/6 NE	4/9 SE	7/12 S	6/11 S	10/18 SE	10/21 SE
Glen	1/3 N	3/6 E	4/8 SE	5/11 S	5/11 S	7/15 SE	4/10 SE

Height (m)	Temperature / Feels Like (°C)						
1300	-2/-4	-2/-5	-0/-4	2/-3	2/-3	-1/-7	-2/-9
900	-3/-6	1/-1	3/0	5/2	4/1	1/-4	-0/-6
600	2/0	2/0	6/4	8/6	7/5	5/2	4/-0
300	3/2	4/2	8/8	10/9	10/9	6/4	5/2
Glen	0/-1	6/6	11/10	13/12	11/10	7/5	6/5
Freezing Level*	700m	700m	900m	1200m	1200m	1000m	1000m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note low freezing level and cold temperatures at height.

Forecast for Saturday 08 Apr 2023
Weather: After a cold start it will be dry with plenty of sunshine. Some patchy cloud bubbling up from late morning. Becoming very mild by afternoon.

Maximum wind: Southeasterly 15 to 25 mph, with gusts to 35 to 40 mph on the highest tops

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Very good visibility, perhaps some haziness in the air at first, and again in the evening across the Trossachs. Chance of some thin low cloud around 200 to 400 metres at first across the Trossachs but this soon dispersing through the morning

Temperature: **Glens:** Minus 1 rising to 15 Celsius
At 800m: Plus 5 Celsius
Freezing level: Above summits

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